



	G = Great	F = Fearless	C = Clinicians	C = Create	S = Solutions
Age	Gross Motor	Fine Motor	Communication	Cognitive	Social - Emotional
Newborn	Moro primitive reflex Moves arms & legs	Hand grasp primitive reflex Sees to turn toward face & seek eye contact	Suck primitive reflex → swallow milk → breathe Hears to prefer human voice Cries to express needs	Explores with eyes	Hunger & satiety cues Sleep almost equal day-night
2 months	Kicks legs Lifts head	Moves arms	Hears to turn toward parent's voice	Looks at face	Parent knows cues Parent starts sleep routine
4 months	Lifts head & chest	Primitive reflex absent Sees to follow past midline Hands to midline, watches them	Makes eye contact Hears to coo Voluntary suck (feeds 4-6 times daily)	Explores with mouth	Calmed by parent Sleeps night more than day
6 months	Primitive reflexes absent Head control & other solid food readiness	Bats at toys (both hands equally) Sees to grasp rattle (fisted grasp) Explores food with hands (parent might offer spoon & fork with supervision)	Participates in back & forth vocal turns (with eye contact)	Goal-directed actions	Social smile; shares enjoyment Responds to joint attention (follows gaze) Watches other infants
9 months	Sits unsupported Rolls Stands supported	Ulnar / radial-palmar grasp (parent offers finger foods, mealtime utensil routine) Holds cube between 2 hands	Hears to babble Starts soft lumpy solids	Object permanence	Attachment signs start Back & forth play / facial expressions, with eye contact
12 months	Pulls to stand	Still uses hands equally Raking pincer grasp	Intentional communication: Uses gestures with eye contact (& facial expressions) Hears to readily respond to name Hears to follow familiar directions & babble Bites & chews (feeds ~ every 2.5-3 hours)	Imitates actions Explores with hands (cause-effect play, trial & error problem-solving)	Social referencing; responds positively to people games
15 months	Stands up alone	Mature pincer grasp Turns pages (board book)	Vocalizes with gesture (with eye contact & facial expressions) Hears to jargon Hears to say first words Drinks from open cup	Functional toy play	Initiates & responds to joint attention, with alternating gaze (extends object toward, follows point) Imitates child
18 months	Walks well, carrying toys	Puts object in and out Self-feeds (fingers) Has weaned from bottle	Consistently gestures; makes communication repairs Hears to follow 1-step directions Hears to say 10 single words No eating concern	Imitates new play	Initiates joint attention (points with alternating gaze)

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Age	Gross Motor	Fine Motor	Communication	Cognitive	Social - Emotional
24 months	Runs; throws ball	Digital pronate grasp on crayon Inserts shapes Self-feeds (spoon); helps dress	Speaks 2-word phrases Chews & swallows; no eating concern	Imitates after; simple pretend; makes choice between 2 items	Gets parent to help Likes to please; no sharing meals concern Tries to re-initiate people games; parallel play with peers
30 months	Jumps Kicks large ball	Stacks 6 cubes Uses spoon & drinks from open cup with 2 hands well; removes socks & shoes	Reports events	Matches shapes Assigns imaginary properties Pretend sequence	Shares with peers when prompted Indicates need to be changed (bowel)
36 months	Stands on 1 foot	Grasps scissors to snip; does 3–4-piece jigsaw puzzle; sees to thread beads Uses fork well; removes shirt & pants	Follows 2-step directions; understands conversation overheard Speaks 3- to 4-word sentences No eating or self-feeding concerns; 4-6 meals / snacks daily	Object constancy; sorts objects	Shares emotions With peers back & forth play, role plays, toys 'get into character' Indicates need to be changed (bladder)
48 months	Walks up & down stairs alternating feet, without support	Copies & — lines Drinks from open cup with 1 hand well; dresses shirt & pants	Makes back & forth conversation Follows 3 basic directions in order given Describes experiences Hears for speech 50%+ understood	Theory of mind; remembers / anticipates the daily routine	Self- & / or co-regulates Signals or takes self to void
60 months	Hops on 1 foot; sees to catch large ball	Mature pencil grasp; self-feeds (chopsticks, helped by parent) Cuts straight line with scissors	Talks for many purposes Hears for speech 75%+ understood Chews larger pieces of raw vegetables	Counts objects to 6 Concentrates for 15 minutes	Says problem & feeling Elaborate imaginary play with peers

Acknowledgements (First Six Years and School Age): Glenrose Rehabilitation Hospital colleagues in Audiology, Language Speech and Hearing Intervention Program, Pediatric Feeding/Swallowing Service, Knowledge Resource Service, Occupational Therapy, Psychology, Speech-Language Pathology; University of Alberta colleagues Patty Belton, Miranda Holliday, and Monika Igali; University of Alberta and national colleagues in Developmental Pediatrics, Education, Family Medicine, General Pediatrics, Infant/Child Mental Health, Northern Neonatal Follow-up Program, Pediatric Neurology, Practitioner Nursing, and Psychology

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